

MEGHAN E. QUINN

Department of Psychology and Human Development
Vanderbilt University
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EDUCATION

Doctor of Philosophy 2013 – 2017	Northwestern University , Evanston, IL APA & PCSAS-Accredited Clinical Psychology PhD Program Dissertation: <i>Executive Control Under Stress: Physiological Correlates and Implications for Emotion Regulation and Psychopathology</i>
Clinical Internship 2016 – 2017	University of Illinois , Chicago, IL APA-Accredited & APCS Member Predoctoral Clinical Psychology Internship
Master of Science 2011 – 2013	University of Miami , Coral Gables, FL APA-Accredited Clinical Psychology PhD Program
Post-Baccalaureate 2009 – 2011	University of Maryland , College Park, MD Specialization: Physiology and Neurobiology
Bachelor of Science 2002 – 2006	University of Wisconsin , Madison, WI Major: Psychology

ACADEMIC POSITIONS

Postdoctoral Scholar 2017 – Present	Vanderbilt University , Nashville, TN NIMH T32 Fellowship, <i>Development of Psychopathology: From Brain and Behavioral Science to Intervention</i>
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GRANTS

2016	Graduate Research Grant , Northwestern University <i>Inflammatory Response and Depression: The Role of Stress-Induced Executive Control Impairment</i> Award: \$3,000 Role: Principal Investigator
2010	Howard Hughes Medical Institute Research Fellowship , University of Maryland <i>Negative Cognitive Styles and Biological Stress Reactivity in Preschoolers: Investigating Mechanisms of Risk for Depression</i> Award: \$5,000 Role: Principal Investigator

2010 **Maryland Summer Scholars Research Grant**, University of Maryland
*Negative Cognitive Styles and Biological Stress Reactivity in Preschoolers:
Investigating Mechanisms of Risk for Depression*
Award: \$3,000
Role: Principal Investigator

AWARDS

2014 **Honorable Mention for Smadar Levin Award**, Society for Research in
Psychopathology

2014 **Institute for Policy Research Graduate Fellowship**, Northwestern University

2012 **Max and Peggy Kriloff Student Travel Scholarship**, College of Arts and
Sciences, University of Miami

PEER-REVIEWED PUBLICATIONS

Quinn, M.E., Stanton, C.H., Slavich, G.M., & Joormann, J. (2019). Executive control, cytokine reactivity to social stress, and depressive symptoms: Testing the social signal transduction theory of depression. *Stress*. doi: 10.1080/10253890.2019.1641079

Damme, K.S.F., Kelley, N.J., **Quinn, M.E.**, Glazer, J.E., Chat, I.K., Young, K.S., Nusslock, R., Zinbarg, R., Bookheimer, S., & Craske, M.G. (2019). Emotional content impacts how executive function ability relates to willingness to wait and work for reward. *Cognitive, Affective, and Behavioral Neuroscience*, 19(3), 637-652. doi: 10.3758/s13415-019-00712-4. PMID: PMC6599486.

Arditte Hall, K.A., **Quinn, M.E.**, Vanderlind, W.M., & Joormann, J. (2019). Comparing cognitive styles in social anxiety and major depressive disorders: An examination of rumination, worry, and reappraisal. *British Journal of Clinical Psychology*, 58(2), 231-244. doi:10.1111/bjc.12210. PMID: PMC6470033.

Quinn, M. E., Stange, J.P., Jenkins, L.M., Corwin, S., DelDonno, S.R., Bessette, K.L., Welsh, R.C. Langenecker, S.A. (2018). Cognitive control and network disruption in remitted depression: a correlate of childhood adversity. *Social Cognitive and Affective Neuroscience*, 13(10), 1081-1090. doi:10.1093/scan/nsy077. PMID: PMC6204481.

Quinn, M.E., Grant, K.E., & Adam, E.K. (2018). Negative cognitive style and cortisol recovery accentuate the relationship between life stress and depressive symptoms. *Stress*, 21(2), 119-127. doi:10.1080/10253890.2017.1414800. PMID: PMC6005655.

Adam, E.K., **Quinn, M.E.**, Tavernier, R., McQuillan, M.T., Dahlke, K.A., & Gilbert, K.E., (2017). Diurnal cortisol slopes and mental and physical health outcomes: A systematic review and meta-analysis. *Psychoneuroendocrinology*, 83, 25-41. doi: 10.1016/j.psyneuen.2017.05.018

Quinn, M.E. & Joormann, J. (2015). Control when it counts: Change in executive control under stress predicts depression symptoms. *Emotion*, 15(4), 522-530. doi: 10.1037/emo0000089

Quinn, M.E., & Joormann, J. (2015). Stress-induced changes in executive control are associated with depression symptoms: Examining the role of rumination. *Clinical Psychological Science*, 3(4), 628-636. doi: 10.1177/2167702614563930

Quinn, M.E., Keil, D.C., Utke, S., & Joormann, J. (2014). Trait rumination moderates the effect of executive control training. *Journal of Experimental Psychopathology*, 5, 289-301. doi: 10.5127/jep.038713

Joormann, J. & **Quinn, M.E.** (2014). Cognitive processes and emotion regulation in depression. *Depression and Anxiety*, 31, 308–315. doi: 10.1002/da.22264

MANUSCRIPTS UNDER REVIEW

Quinn, M.E., & Joormann, J. (under review). Executive control under stress: Relation to reappraisal ability and depressive symptoms.

Nestor, B., Sutherland, S., Kouros, C.D., **Quinn, M.E.**, Hollon, S.D., Weersing, V.R., Gladstone, T.R., Clarke, G., Beardslee, W., Brent, D., & Garber, J. (under review). Effects of an Adolescent Depression Prevention Program on Parental Criticisms and Positive Remarks.

Quinn, M.E., & Garber, J. (under review). Maternal avoidance coping predicts exposure to stressful life events in at-risk adolescents.

CONFERENCE SYMPOSIA

Joormann, J. & **Quinn, M.E.** (2019, May). Executive Control Under Stress: Relation to Reappraisal and Depression. In I. Yaroslavsky (Chair) *Why Me? A Search for Contributors and Mechanisms of Depression Risk and Successful Recovery Across Adolescence and Adulthood*. Symposium at the annual meeting of the Association for Psychological Science, Washington, DC.

Nestor, B.A., Kouros, C., Sutherland, S., **Quinn, M.E.**, Weersing, R., Beardslee, W.R., Clarke, G., Gladstone, T., Hollon, S.D., & Garber, J. (2019, March). Sex differences in effects of a depression prevention program on parental criticism and positive remarks. In J. Garber (Chair) *Randomized controlled trials for the treatment and prevention of depressive disorders: Effects on the family*. Symposium at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Quinn, M.E., & Joormann, J. (2018, November). Predicting stress generation: Executive control under stress and its association with physiological arousal. In V.E. Cosgrove and A.E. West (Chairs) *Putative mechanisms of response to CBT in youth with transdiagnostic mood symptoms*. Symposium at the annual convention of the Association of Behavioral and Cognitive Therapies, Washington, DC.

Peters, A., **Quinn, M.E.**, Bessette, K., Jenkins, L.M., Stange, J.P., Marshall, D., McInnis, M., Ryan, K., & Langenecker, S.A. (2018, May). Childhood adversity disrupts cognitive control development and function. In M. Paulus (Chair) *Bayesian multi-level approaches for integrating psychiatric data across units of analyses*. Symposium at the annual convention of the Society of Biological Psychiatry, New York, NY.

Quinn, M.E., & Joormann, J. (2015, November). Executive control under stress and rumination: Implications for depression. In K.E. Gilbert and **M.E. Quinn** (Chairs) *From the lab to the real world: How stress impacts emotion regulation and subsequent mental and physical health outcomes*. Symposium at the annual convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

Joormann, J. & **Quinn, M.E.**, (2015, October). Cognitive control under stress: Relation to depression. In A. Baskin-Sommers (Chair) *A transdiagnostic perspective on self-regulation*

in affective contexts. Symposium at the annual meeting of the Society for Research in Psychopathology, New Orleans, LA.

Timpano, K.R., **Quinn, M.E.**, & Joormann, J. (2014, March). Stress-induced change in self-control: Implications for hoarding symptoms. In K. R. Timpano (Chair) *Recent advances in understanding the relationship between stress and affective disorders*. Symposium at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

Quinn, M.E., & Joormann, J. (2013, May). Stress-induced changes in implicit emotion regulation are associated with depression. In E.S. Winer and J. Veilleux (Chairs) *Feeling bad but not knowing why: Implicit emotion regulation and emotional distress*. Symposium at the annual meeting of the Association for Psychological Science, Washington, DC.

CONFERENCE POSTERS

Quinn, M.E. & Garber, J. (2019, September). *Transmission of depression: Parent coping style predicts stressful life events for adolescents*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Buffalo, NY.

Quinn, M.E. & Joormann, J. (2018, September). *Executive control under stress: Stress generation and physiological arousal*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Indianapolis, IN.

Quinn, M.E., Stanton, C.H., Slavich, G.M., & Joormann, J. (2017, September). *Unregulated inflammation: Stress-induced inflammation is associated with executive control under stress and depression symptoms*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Denver, CO.

Quinn, M.E. & Joormann, J. (2017, April). *Reappraisal ability: The role of executive control under stress*. Poster presented at the annual meeting of the Society for Affective Science, Boston, MA.

Quinn, M.E., & Joormann, J. (2016, September). *Executive control under stress prospectively predicts symptoms of depression and anxiety*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Baltimore, MD.

Kelley, N.J., **Quinn, M.E.**, Glazer, J.E., Pornpattananangkul, N., Grogans, S.E., Nadig, A.G., & Nusslock, R. (2016, September). *Executive control for positive information mediates the relationship between self-reported behavioral approach sensitivity and reward related neural activation*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Baltimore, MD.

Quinn, M.E. & Joormann, J. (2016, March). *Understanding rumination: An interaction between the behavioral inhibition system and executive control*. Poster presented at the annual meeting of the Society for Affective Science, Chicago, IL.

Arditte, K. A., **Quinn, M. E.**, Vanderlind, W. M., Timpano, K. R. & Joormann, J. (2015, November). *Thought control deficits among individuals with major depression, social anxiety, or both disorders*. Poster presented at the 49th annual convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

Quinn, M.E., & Joormann, J. (2015, October). *Consequences of diminished executive control under stress: Examining rumination and reappraisal*. Poster presented at the annual meeting of the Society for Research in Psychopathology, New Orleans, LA.

- Quinn, M.E.** & Joormann, J. (2015, April). *Stress-induced changes in executive control are associated with depression symptoms: Examining the role of rumination*. Poster presented at the annual meeting of the Society for Affective Science, Oakland, CA.
- Quinn, M.E.** & Joormann, J. (2014, September). *Control when it counts: Change in executive control under stress predicts depression symptoms*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Evanston, IL.
- Quinn, M.E.** & Joormann, J. (2014, May). *Predicting depression symptoms: Executive control under stress*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Quinn, M.E.**, Keil, D.C., Utke, S., & Joormann, J. (2014, April). *Trait rumination moderates the effect of executive control training*. Poster presented at the annual meeting of the Society for Affective Science, Bethesda, MD.
- Tolep, M.R., **Quinn, M.E.**, Smith, V.R., & Dougherty, L.R. (2013, November). *Depressogenic cognitions in preschoolers: Correlates and risk for psychopathology*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Quinn, M.E.**, Kwon, H., & Joormann, J. (2012, November). *Emotion regulation and depression vulnerability: Difficulty with instructed use of reappraisal*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Quinn, M.E.**, Kwon, H., & Joormann, J. (2012, October). *Depression is associated with impaired memory for events occurring during use of reappraisal*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Ann Arbor, MI.
- Quinn, M.E.**, Kwon, H., & Joormann, J. (2012, May). *Emotion regulation in depression: Reappraisal is associated with impaired memory*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Quinn, M.E.**, Tolep, M.R., Smith, V.C.H., Condit, C.S., Hayden, E.P., & Dougherty, L.R. (2011, May). *Negative cognitive styles and cortisol reactivity in preschoolers: Investigating mechanisms of risk for depression*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.

UNIVERSITY PRESENTATIONS

- Quinn, M.E.** (2017, October). *Control when it counts: Executive control under stress and depression*. Presented at the Vanderbilt University Clinical Psychology Brown Bag Series, Nashville, TN.
- Quinn, M.E.**, Crane, N.A., & Hamlat, E. (2017, May). *Neuropsychology of depression: Factors influencing neuropsychological profiles and treatment recommendations*. Presented at the University of Illinois at Chicago Department of Psychiatry Grand Rounds, Chicago, IL.
- Quinn, M.E.** (2015, November). *Stress-induced impairments in executive control: A transdiagnostic perspective*. Presented at the Life-Span Development Lab at the School of Education and Social Policy at Northwestern University, Evanston, IL.
- Quinn, M.E.** (2014, January). *Predicting depression symptoms: Executive control under stress*. Presented at the Northwestern University Clinical/Personality/Health Psychology Brown Bag Series, Evanston, IL.

TEACHING EXPERIENCE

- 2019 – Present **Co-Instructor**, Vanderbilt University, Nashville, TN
Developmental Psychopathology (graduate)
- 2013, 2016 **Teaching Assistant**, Northwestern University, Evanston, IL
Statistical Methods in Psychology (undergraduate)
- 2015 **Teaching Assistant**, Northwestern University, Evanston, IL
Health Psychology (undergraduate)
- 2015 **Guest Lecturer**, Northwestern University, Evanston, IL
Health Psychology (undergraduate)
- 2014 **Guest Lecturer**, Northwestern University, Evanston, IL
Cognitive Approaches to Psychopathology (graduate)
- 2014 **Teaching Assistant**, Northwestern University, Evanston, IL
Psychopathology (undergraduate)
- 2011 – 2013 **Teaching Assistant**, University of Miami, Coral Gables, FL
Introductory Psychology (undergraduate)
- 2011 – 2013 **Teaching Assistant**, University of Miami, Coral Gables, FL
Human Sexual Behavior (undergraduate)

ADVISING AND MENTORING

- 2019 – Present **Undergraduate Thesis Co-advisor**, *Reducing the Effect of Stress on Executive Control: The Role of Trait Mindfulness*, Department of Psychology and Human Development, Vanderbilt University
- 2019 – Present **Undergraduate Thesis Co-advisor**, *Does Early Life Stress Influence the Effect of Acute Stress on Executive Control?*, Department of Psychology and Human Development, Vanderbilt University
- 2018 – Present **Dissertation Co-advisor**, *Reducing the Effect of Stress on Executive Control*, Department of Psychology and Human Development, Vanderbilt University
- 2016 **Undergraduate Research Grant Co-advisor**, *Does Executive Functioning Predict Physiological Indices of Emotion Regulation?*, Department of Psychology, Northwestern University
- 2015 – 2016 **Undergraduate Thesis Advisor**, *Sociality and Depression in College Students: The Interaction of Social Assurance and Social Connectedness in Depression*, Department of Psychology, Yale University
- 2014 – 2016 **First-Year Ph.D. Student Mentor**, Department of Psychology, Northwestern University
- 2012 – 2013 **Undergraduate Thesis Advisor**, *Relations between Neuroticism, Baseline Cortisol Levels, and Working Memory*, Department of Psychology, University of Miami

CLINICAL EXPERIENCE

- 2019 – Present **Adolescent Cognitive Behavioral Therapy**

- NIMH R61/33, Vanderbilt University, Nashville, TN
- 2016 – 2017 **Adolescent Neuropsychology Clinic**
Department of Psychiatry, University of Illinois at Chicago, IL
- 2016 – 2017 **Bariatric Surgery Program**
Department of Psychiatry, University of Illinois at Chicago, IL
- 2015 – 2016 **Mindfulness Based Cognitive Therapy**
The Family Institute, Northwestern University, Evanston, IL
- 2014 – 2016 **Clinical Interviewing**
NIMH R01, Northwestern University, Evanston, IL
- 2013 – 2016 **Depression Treatment Clinic**
The Family Institute, Northwestern University, Evanston, IL
- 2014 – 2015 **Dialectical Behavior Therapy**
The Family Institute, Northwestern University, Evanston, IL
- 2012 – 2013 **Outpatient Therapy**
Psychological Services Center, University of Miami, Coral Gables, FL
- 2012 – 2013 **Psychoeducational Assessment**
Psychological Services Center, University of Miami, Coral Gables, FL
- 2011 – 2013 **Diagnostic Assessment**
Mood and Anxiety Disorders Lab, University of Miami, Coral Gables, FL

SERVICE

- 2014 – 2016 **Clinical Area Representative**, Psychology Graduate Student Council,
Northwestern University
- 2014 **Panel Speaker**, Professional Development Series for Summer Research
Interns, The Family Institute, Northwestern University

AD HOC REVIEWER

Clinical Psychology Review, Emotion, Cognition and Emotion, Psychoneuroendocrinology, Social Cognitive and Affective Neuroscience, Stress, Journal of Cognitive Psychology, International Journal of Psychology, International Journal of Psychophysiology

PROFESSIONAL AFFILIATIONS

Society for Research in Psychopathology
Association for Psychological Science
Society for a Science of Clinical Psychology
Association for Behavioral and Cognitive Therapies
Society for Affective Science