

## KIMBERLY ANNE ARDITTE HALL

*Curriculum Vitae*

### CONTACT INFORMATION

---

31 Kingsbury Street  
Wellesley, MA 02481  
(401) 595-5045  
[kimarditte@gmail.com](mailto:kimarditte@gmail.com)

National Center for PTSD / VA Boston Healthcare System  
150 South Huntington Avenue (116B)  
Boston, MA 02130  
(857) 364-6232  
[kimberly.ardittehall@va.gov](mailto:kimberly.ardittehall@va.gov)

### EDUCATION

---

**Doctor of Philosophy**  
2016

**University of Miami, Coral Gables, FL**  
APA Accredited Clinical Psychology Program  
Specialization in Adult Psychopathology  
Dissertation: *Cognitive Vulnerability for Social Anxiety and Depression: A Transdiagnostic Investigation of Repetitive Negative Thinkers*  
Dissertation Chair: Kiara Timpano, Ph.D.

**Psychology Internship**  
2016

**VA Boston Healthcare System**  
APA Accredited Predoctoral Clinical Psychology Internship  
Specialization in General Mental Health and Posttraumatic Stress Disorder  
*Clinical Fellow*, Harvard Medical School  
*Research Fellow*, Boston University School of Medicine

**Master of Science**  
2012

**University of Miami, Coral Gables, FL**  
APA Accredited Clinical Psychology Program  
Specialization in Adult Psychopathology  
Thesis: *Attentional Biases and Emotional Reactivity: Elucidating Causal Mechanisms and Understanding Individual Differences*  
Thesis Chair: Jutta Joormann, Ph.D.

**Bachelor of Arts**  
2008

**Lafayette College, Easton, PA**  
Major/Minor: Psychology/Religious Studies  
Dean's List, 2004-2008; Graduated Magna Cum Laude

### POST-DOCTORAL FELLOWSHIP

---

2016 – Present

**Advanced Research Fellowship in Women's Mental Health**  
**Women's Health Science Division, National Center for PTSD**  
**VA Boston Healthcare System & Boston University School of Medicine**  
Research Mentors: Karen S. Mitchell, PhD and Suzanne L. Pineles, PhD

### ACADEMIC HONORS AND AWARDS

---

2016

**Wisconsin Symposium on Emotion Travel Award**  
*HealthEmotions Research Institute*

2014

**Kirk R. Danhour Memorial Award for Overall Excellence**  
*Department of Psychology, University of Miami*

2014

**Research Seed Fund Award**  
*Psychology Graduate Student Organization, University of Miami*

2013

**GSA Academic Excellence, Leadership, and Service Award**  
*Graduate Student Association, University of Miami*

2010-2015

**Max and Peggy Kriloff Graduate Research Travel Award**  
*College of Arts & Sciences, University of Miami*

2010-2015

**Commendation for Excellence in Academics, Research, and Clinical Activities**  
*Department of Psychology, University of Miami*

- 2007                    **Reverend JW and RS Porter Bible Prize for Academic Excellence**  
                                 *Lafayette College, Department of Religious Studies*
- 2006                    **Psi Chi, National Psychology Honor Society**  
                                 *Lafayette College, Department of Psychology*

---

## GRANTS AND FELLOWSHIPS

---

### **University of Miami, College of Arts & Sciences, Miami, FL** **Dean's Academic Year Dissertation Award**

Graduate Student (2014-2015; Total funding of \$22,000)

One of six students receiving elite fellowship; provides stipend support for a dedicated research year.

### **University of Miami, Department of Psychology, Miami, FL** **Fred C. and Helen Donn Flipse Dissertation Support Fund**

Principal Investigator (2012-2014; Total funding of \$1,000)

"Cognitive Vulnerability for Depression and Social Anxiety: A Transdiagnostic Investigation of Repetitive Negative Thinkers."

### **National Science Foundation, Arlington, VA**

#### **Graduate Research Fellowship**

*Note: Declined award to pursue degree in clinical psychology, an ineligible course of study at the time of award.*

Principal Investigator (2011-2014; Total funding of \$90,000)

"Cognitive Biases and Emotional Reactivity: The Role of Individual Differences."

### **University of Miami, Miami, FL**

#### **Graduate Fellowship**

Graduate Student (2010-2012; Total funding of \$50,000)

Highest award given to incoming graduate students, used to fund the first two years of study.

---

## PEER-REVIEWED EMPIRICAL PAPERS

---

1. Shaw, A. M., **Arditte Hall, K. A.**, Rosenfield, E., & Timpano, K. R. (in press). Body dysmorphic disorder symptoms and risk for suicide: The role of depression. *Body Image*.
2. **Arditte, K. A.**, Shaw, A. M., Timpano, K. R. (2016). Repetitive negative thinking: A transdiagnostic correlate of affective disorders. *Journal of Social and Clinical Psychology, 35*, 181-201.
3. **Arditte, K. A.**, Morabito, D. M., Shaw, A. M., & Timpano, K. R. (2016). Interpersonal suicide risk in social anxiety: The roles of shame and depression. *Psychiatry Research, 239*, 139-144. doi: 10.1016/j.psychres.2016.03.017
4. **Arditte, K. A.**, Çek, D., Shaw, A. M., & Timpano, K. R. (2015). The importance of assessing clinical phenomena in Mechanical Turk research. *Psychological Assessment, 28*, 684-691. doi: 10.1037/pas0000217
5. **Arditte, K. A.**, & Joormann, J. (2014). Rumination moderates the effects of cognitive bias modification of attention. *Cognitive Therapy and Research, 38*, 189-199. doi: 10.1007/s10608-013-9581-9
6. Joormann, J. & **Arditte, K. A.** (2013). The relational theory of attention: Implications for the processing of emotional stimuli in psychological disorders. *Australian Psychologist, 48*, 399-401. doi: 10.1111/ap.12040
7. LeMoult, J., **Arditte, K. A.**, D'Avanzato, C., & Joormann, J. (2013). State rumination: Associations with emotional stress reactivity and attention biases. *Journal of Experimental Psychopathology, 4*, 471-484. doi: 10.5127/jep.029112
8. Stein, N. R., Mills, M. A., **Arditte, K. A.**, Mendoza, C., Borah, A. M., Litz, B. T., & the STRONG STAR Consortium. (2012). A scheme for categorizing traumatic military events. *Behavior Modification, 36*, 787-807. doi: 10.1177/0145445512446945
9. **Arditte, K. A.**, & Joormann, J. (2011). Emotion regulation in depression: Reflection predicts recovery from a major depressive episode. *Cognitive Therapy and Research, 35*, 536-543. doi: 10.1007/s10608-011-9389-4

---

## EMPIRICAL PAPERS UNDER REVIEW

---

1. **Arditte Hall, K.A.**, Bartlett, B. E., Iverson, K. M., Wolf, E.,J., & Mitchell, K. S. *Unique associations between childhood, adult, and military trauma and eating disorder symptoms in male and female veterans.*
2. **Arditte Hall, K. A.**, De Readt, R., Timpano, K. R., & Joormann, J. *Positive memory specificity training for individuals with major depressive disorder.*

3. Pineles, S. L., & **Arditte Hall, K. A.**, Rasmussen, A. M. *Gender and PTSD: Different pathways to a similar phenotype.*
4. Shaw, A. M., Carbonella, J. Y., **Arditte Hall, K. A.**, & Timpano, K. R. *Obsessive-compulsive and depressive symptoms: The role of depressive cognitive styles.*

## BOOK CHAPTERS

---

1. Joormann, J., & **Arditte, K. A.** (2014). Cognitive aspects of depression. In I. H. Gotlib & C. L. Hammen (Eds.), *Handbook of Depression* (3<sup>rd</sup> ed.). New York: Guilford Press.
2. **Arditte, K. A.**, & Joormann, J. (2013). Cognitive biases in psychopathology. In J. Ehrenreich-May & B. Chu (Eds.), *Transdiagnostic Treatments for Children and Adolescents: Principles and Practice.* New York: Guilford Press.
3. Steenkamp, M., McLean, C. P., **Arditte, K. A.**, & Litz, B. T. (2010). Adults exposed to trauma. In M. M. Antony & D. H. Barlow (Eds.), *Handbook of assessment and treatment planning for psychological disorders* (2<sup>nd</sup> ed.). New York: Guilford Press

## SYMPOSIA AT SCIENTIFIC MEETINGS

---

1. **Arditte, K. A.**, Joormann, J., & Timpano, K. R. (2016, April). Interpretation biases across social anxiety and depression and the moderating role of executive control. In K. Hsu (Chair), *Dissecting the Impact of Cognitive Control and Cognitive Biases on Affective Disorders.* Conducted at the 36<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.
2. **Arditte, K. A.**, Joormann, J., & Timpano, K. R. (2015, November). The clinical and cognitive characteristics of individuals with repetitive negative thinking. In S. Kertz (Chair), *Repetitive Negative Thinking: Examining Cognitive Correlates and Transdiagnostic Associations with Treatment Outcome.* Conducted at the 49<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
3. **Arditte, K. A.**, Siemer, M., Joormann, J., & Timpano, K. R. (2015, November). Will we be happy? Associations between social anxiety and positive forecasting biases. In J. Glenn & C. Cha (Chairs), *Prospection: An Examination of Future Thinking across Anxiety, Depression, and Suicide.* Conducted at the 49<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
4. Shaw, A. M., **Arditte, K. A.**, & Timpano, K. R. (2015, August). The link between interpersonal risk for suicide and body dysmorphic symptoms: The mediating role of depression and distress tolerance. In K. Phillips (Chair), *New Research Findings on Body Dysmorphic Disorder.* Conducted at the 22<sup>nd</sup> annual meeting for the International OCD Foundation, Boston, MA.
5. Joormann, J., **Arditte, K. A.**, & De Raedt, R. (2015, May). Memory specificity training in depression: Improving recall of positive memories while experiencing negative affect. In N. Mor (Chair), *Cognitive Training for Depression and Ruminative Thinking.* Conducted at the 27<sup>th</sup> annual convention of the Association for Psychological Science, New York, NY.
6. Shaw, A. M., **Arditte, K. A.**, & Timpano, K. R. (2015, April). Body dysmorphic disorder symptoms and risk for suicide: The role of depression and distress tolerance. In K. R. Timpano (Chair), *Updates in Understanding Body Dysmorphic Disorder: Treatment Advances and Research on Co-Occurring Suicidality.* Conducted at the 35<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Miami, FL.
7. Shaw, A. M., **Arditte, K. A.**, & Timpano, K. R. (2014, November). Obsessive-compulsive and depressive symptoms: The role of depressive cognitive styles. In K. R. Timpano (Chair), *Recent advances in understanding and treating OCD: Mechanisms of change and novel treatment targets.* Conducted at the 48<sup>th</sup> annual convention for the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
8. **Arditte, K. A.**, & Joormann, J. (2012, November). An examination of altered attention for emotional stimuli following attentional training. In **K. A. Arditte** & J. Joormann (Chairs), *Attentional bias modification: Novel methodology and objective measures of behavior change.* Conducted at the 46<sup>th</sup> annual convention for the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
9. **Arditte, K. A.**, & Joormann, J. (2012, November). Cognitive bias modification: Does attention training affect interpretation biases? In J. Everaert & E. Koster (Chairs), *The combined cognitive bias hypothesis in depression: Towards a comprehensive understanding of cognitive vulnerability.* Conducted at the 46<sup>th</sup> annual convention for the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
10. Tran, T., **Arditte, K.**, Rosebrock, L. E., Kamholz, B., Sloan, D., & Liverant, G. (2012, November). Physiological correlates of rumination in clinical depression: Evidence for rumination as a form of emotional suppression? In V. Vine (Chair), *Why people ruminate: False rewards and the functions of rumination.*

Conducted at the 46<sup>th</sup> annual convention for the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

11. LeMoult, J., Joormann, J., & **Arditte, K. A.** (2011, November). Attentional processes and rumination. In L. M. Hilt (Chair), *The relationship between cognitive biases and rumination*. Conducted at the 45<sup>th</sup> annual convention for the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
12. Maguen, S., Mancini, A. D., Hassija, C. M., Norrholm, S. & McNally, R. J. (2009, May). In **K. A. Arditte** and H. C. Levy (Chairs), *Predictors of risk and resilience in posttraumatic stress disorder*. Conducted at the annual convention of the Association for Psychological Science, San Francisco, CA.

## POSTER PRESENTATIONS AT SCIENTIFIC MEETINGS

---

1. **Arditte, K. A.**, Bartlett, B. A., Iverson, K. M., & Mitchell, K. S. (2016, November). *Unique associations between childhood, adult, or military trauma and eating disorder symptomatology in a sample of female veterans*. To be presented at the 32<sup>nd</sup> annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
2. Shaw, A. M., **Arditte, K. A.**, & Timpano, K. R. (2016, October). *What is the role of emotion dysregulation in body dysmorphic symptoms?* To be presented at the 50<sup>th</sup> annual convention of the Association of Behavioral and Cognitive Therapies, New York, NY.
3. **Arditte, K. A.**, Joormann, J., & Timpano, K. R. (2016, April). *The synergistic effect of interpretation biases and executive control on stress reactivity in individuals at risk for social anxiety and depression*. Presented at the annual Wisconsin Symposium on Emotion, Madison, WI.
4. **Arditte, K. A.**, Joormann, J., & Timpano, K. R. (2016, April). *Cognitive vulnerability for social-evaluative stress reactivity in individuals at risk for social anxiety and depression*. Presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.
5. **Arditte, K. A.**, Bartlett, B., Wolf, E., & Mitchell, K. S. (2016, April). *Unique associations between childhood, adult, or military trauma and eating disorder symptomatology in a nationally representative sample of male veterans*. To be presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.
6. **Arditte, K. A.**, Bartlett, B., Wolf, E., Iverson, K., & Mitchell, K. S. (2016, March). *Associations between childhood, adult, or military trauma and eating disorder symptomatology among male and female veterans*. Presented at the 2016 Harvard Psychiatry Research Day, Boston, MA.
7. **Arditte, K. A.**, Quinn, M. E., Vanderlind, W. M., Timpano, K. R. & Joormann, J. (2015, November). *Thought control deficits among individuals with major depression, social anxiety, or both disorders*. Presented at the 49<sup>th</sup> annual convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
8. Çek, D., **Arditte, K. A.**, Shaw, A. M., & Timpano, K. R. (2015, April). *Considering clinical phenomena in Mechanical Turk research*. Presented at the annual meeting of the Anxiety and Depression Association of America, Miami, FL.
9. Morabito, D. M., **Arditte, K. A.**, Shaw, A. M., & Timpano, K. R. (2015, April). *Social anxiety, interpersonal suicide risk, and the mediating role of shame*. Presented at the annual meeting of the Anxiety and Depression Association of America, Miami, FL.
10. **Arditte, K. A.**, Joormann, J., & Timpano, K. R. (2014, November). *Examining the specificity of social threat and benign interpretation biases: Preliminary findings from a sample of "repetitive negative thinkers."* Presented at the 48<sup>th</sup> annual convention for the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
11. **Arditte, K. A.**, Shaw, A. M., & Timpano, K. R. (2014, November). *Comparing measures of repetitive negative thinking and their relations with symptoms of anxiety and depression*. Presented at the 48<sup>th</sup> annual convention for the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
12. Shaw, A. M., Morabito, D. M., **Arditte, K. A.**, & Timpano, K. R. (2014, November). *Affect intolerance and obsessive-compulsive symptoms: A structural modeling approach*. Presented at the 48<sup>th</sup> annual convention for the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
13. **Arditte, K. A.**, Joormann, J., & Timpano, K. R. (2014, September). *Difficulties inhibiting irrelevant negative information: Preliminary findings from a sample of "repetitive negative thinkers."* Presented at the 28<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Chicago, IL.
14. **Arditte, K. A.**, Timpano, K. R., De Raedt, R., & Joormann, J. (2014, April). *The impact of positive memory specificity training among individuals with depression*. Presented at the 1<sup>st</sup> annual meeting of the Society for Affective Science.

15. **Arditte, K. A.**, Çek, D., Timpano, K. R., Johnson, S., Joormann, J., & Carver, C. S. (2013, November). *Relations among anger, impulsivity, and affective go/no-go performance*. Presented at the 47<sup>th</sup> annual convention of the Association of Behavioral and Cognitive Therapies, Nashville, TN.
16. **Arditte, K. A.**, Siemer, M., Timpano, K. R., & Joormann, J. (2013, September). *The relations between social anxiety and self- and other-oriented affective forecasts*. Presented at the 27<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Oakland, CA.
17. **Arditte, K. A.**, & Joormann, J. (2012, November). *The role of rumination in the modification of attentional biases*. Presented at the 46<sup>th</sup> annual convention of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
18. **Arditte, K. A.**, Labra, M. M., & Timpano, K. R. (2012, November). *Affect sensitivity: Predictive utility for social anxiety among undergraduate males and females*. Presented at the 46<sup>th</sup> annual convention of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
19. **Arditte, K. A.**, Pergo, L. J., & Joormann, J. (2012, October). *Biased attention and stress reactivity: Moderating effects of optimism and neuroticism*. Presented at the 26<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Ann Arbor, MI.
20. **Arditte, K. A.**, De Raedt, R., & Joormann, J. (2011, November). *Autobiographical memory and autonomic arousal in individuals diagnosed with depression*. Presented at the 45<sup>th</sup> annual convention of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
21. Lee, D. J., Rosebrock, L. E., Carper, T., **Arditte, K. A.**, Sloan, D., et al. (2011, November). *The impact of co-occurring PTSD among veterans with unipolar depression: Association with symptom severity, use of emotion regulation strategies, and fear of emotion*. Presented at the 45<sup>th</sup> annual convention of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
22. Rosebrock, L. E., **Arditte, K. A.**, Carper, T., Lee, D. J., Sloan, D., et al. (2011, November). *Rumination in clinical depression: Relationships with emotion regulation strategies and psychophysiological responding*. Presented at the 45<sup>th</sup> annual convention of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
23. Rosebrock, L. E., Carper, T. C., **Arditte, K. A.**, Lee, D. J., Kamholz, B. W., et al. (2011, November). *Fear of depressed mood in clinical depression: Associations with symptom severity and use of emotion regulation strategies*. Presented at the 45<sup>th</sup> annual convention of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
24. **Arditte, K. A.**, LeMoult, J., & Joormann, J. (2011, September). *Associations between attentional engagement with emotional stimuli and maladaptive emotional responding*. Presented at the 25<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Boston, MA.
25. Lee, D. J., Rosebrock, L. E., Carper, T. C., **Arditte, K. A.**, Kamholz, B. W., & Liverant, G. I. (2011, September). *Associations between respiratory sinus arrhythmia (RSA) and emotion regulation strategies among veterans with unipolar depression*. Presented at the 51<sup>st</sup> annual meeting of the Society for Psychophysiological Research, Boston, MA.
26. **Arditte, K. A.**, De Raedt, R., & Joormann, J. (2011, May). *Recall of positive autobiographical memories in depression: Preliminary results from a cognitive bias modification task*. Presented at the 23<sup>rd</sup> annual conference of the Association for Psychological Science, Washington, D.C.
27. **Arditte, K. A.**, Lee, D. J., Sandt, A. R., Liverant, G. I., & Sloan, D. M. (2010, November). *Reward-responsivity deficit among veterans with PTSD*. Presented at the 44<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
28. **Arditte, K. A.**, Marino-Carper, T., Lee, D. J., Kamholz, B. W., & Liverant, G. I. (2010, November). *Cognitive appraisal of negative emotion among individuals with depression: Relationships with emotional responding and use of emotion regulation strategies*. Presented at the 44<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
29. **Arditte, K. A.**, & Joormann, J. (2010, October). *Emotion regulation strategies predict recovery from major depressive disorder*. Presented at the 24<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Seattle, WA.
30. Lee, D. J., **Arditte, K. A.**, Liverant, G. I., Sloan, D. M., & Kamholz, B. W. (2010, May). *Reward based learning in depression: Validation and extension of findings with a signal detection task among depressed veterans*. Presented at the World Congress of Cognitive and Behavioral Therapies, Boston, MA.
31. **Arditte, K. A.**, Herwitz, C., Liverant, G. I., & Kamholz, B. W. (2009, November). *The use of emotion-regulation strategies in stress responding within a sample of heavy drinkers*. Presented at the 43<sup>rd</sup> annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
32. **Arditte, K. A.**, Liverant, G. I., Kamholz, B. W., & Sloan, D. M. (2009, November). *Rumination in clinical depression: A type of emotional suppression?* Presented at the 43<sup>rd</sup> annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

33. **Arditte, K. A.**, Sege, C. T., Steenkamp, M., Salters-Pedneault, K. & Litz, B. T. (2009, November). *Perpetrator intimacy and the mental health impact of sexual assault*. Presented at the 43<sup>rd</sup> annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
34. Bennett, S. M., Boisseau, C. L., **Arditte, K. A.**, Ehrenreich, J. T., Litz, B. T., Barlow, D. H. (2009, November). *Emotion-focused CBT for perinatal grief: A single case series, multiple-baseline investigation*. Presented at the 43<sup>rd</sup> annual convention of the Association of Behavioral and Cognitive Therapies. New York, New York.
35. McNeill, S. A., Herwitz, C., **Arditte, K. A.**, Carper, T., Liverant, G. I. & Kamholz, B. W. (2009, November). *Drinking motives and fear of emotion among heavy drinkers*. Presented at the 43<sup>rd</sup> annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
36. Litz, B. T., Young-McCaughan, S., Stein, N., **Arditte, K. A.**, Sege, C. T. (2009, September). *The Assessment Core of the South Texas Research Organizational Network Guiding Studies on Trauma and Resilience (STRONG STAR)*. Presented at the CDMRP Annual Meeting, Kansas City, MO.
37. Sege, C. T., Arditte, K. A., Steenkamp, M., Salters-Pedneault, K., & Litz, B. T. (2009, May). *Sexual assault by an intimate other predicts maintenance of PTSD symptoms*. Presented at the 21<sup>st</sup> annual conference of the Association for Psychological Science, San Francisco, CA.

## RESEARCH EXPERIENCE

---

2016 – Present

**Looking for Cognitive Differences in Suicidal Veterans  
VA Boston Healthcare System  
Research Collaborator**

*Supervisors: Matthew K. Nock, Ph.D. and Brian D. Marx, Ph.D.*

Assist with data preparation and analysis for study examining impairments in past and future episodic thinking and positive future expectancies among suicidal and non-suicidal veterans in an inpatient VA setting (PI: Nock; Military Suicide Research Consortium). Collaborate with supervisors and other research personnel on peer-reviewed publications and presentations for national and international scientific conferences.

2015 – 2016

**Women's Health Science Division, National Center for PTSD  
VA Boston Healthcare System  
Research Collaborator**

*Supervisor: Karen S. Mitchell, Ph.D.*

Conduct secondary data analyses on large, nationally representative datasets examining trauma, emotion dysregulation, and psychopathology, including eating disorders, body dysmorphic disorder, and posttraumatic stress disorder among male and female veterans. Collaborate with supervisor on peer-reviewed publications and presentations for national and international scientific conferences

2013 – 2015

**Program for Anxiety, Stress, and OCD  
University of Miami, Coral Gables, FL  
Graduate Research Assistant**

*Supervisor: Kiara R. Timpano, Ph.D.*

Assisted with data collection for study examining the efficacy of a facilitator-led, self-help group for individuals with hoarding disorder. Designed and implemented two Mechanical Turk projects investigating relations among emotional experiences and symptoms of anxiety, depression, and obsessive-compulsive spectrum disorders. Managed staff of approximately 12 undergraduate research assistants and served as the primary mentor for 2 undergraduate students completing senior honor's theses. Participated in weekly science meetings to present novel research findings, review empirical articles, and discuss new research projects. Worked with supervisor on peer-reviewed publications and presentations for national and international scientific conferences.

2010 – 2013

**Mood & Anxiety Laboratory**  
**University of Miami, Coral Gables, FL**  
**Graduate Research Assistant**  
*Supervisor: Jutta Joormann, Ph.D.*

Project coordinator for three studies examining cognition and emotion among individuals with and without major depressive disorder. Managed staff of approximately 15 part-time research assistants and served as the primary mentor for 3 undergraduate students completing senior honor's theses. Participated in weekly science meetings to present novel research findings, review empirical articles, and discuss new research projects. Worked with supervisor on peer-reviewed publications, invited book chapters, and presentations for national and international scientific conferences.

---

2009 – 2010

**Project Emotions**  
**VA Boston Healthcare System, Boston, MA**  
**Project Coordinator**  
*Supervisor: Gabrielle I. Liverant, Ph.D. & Barbara W. Kamholz, Ph.D.*

Managed a study examining relations between emotion regulation strategies and acute emotional responding among veterans with unipolar depression (PI: Liverant; Department of Veterans' Affairs, Career Development Award).

---

2009 – 2010

**National Center for PTSD (NCPTSD), Behavioral Science Division**  
**VA Boston Healthcare System, Boston, MA**  
**Head Research Technician**  
*Supervisor: Danny G. Kaloupek, Ph.D.*

Supervised approximately 20 research technicians in daily administrative responsibilities related to operation of the NCPTSD. Acted as a liaison between principal investigators, administrators, and research technicians at the Center.

---

2008 – 2010

**National Center for PTSD, Behavioral Science Division**  
**VA Boston Healthcare System, Boston, MA**  
**Research Technician**  
*Supervisor: Brett T. Litz, Ph.D.*

Point of contact for Assessment Core of the *South Texas Research Organizational Network Guiding Studies on Trauma and Resilience* (STRONG STAR; Department of Defense, W81XWH-08-2-0114), a national, multi-site collaborative study examining adjustment following trauma among veterans of Operation Iraqi Freedom/Operation Enduring Freedom.

## **TEACHING EXPERIENCE**

---

**COURSE INSTRUCTOR**, University of Miami, Coral Gables, FL  
**Psychology 352: Abnormal Psychology (Spring 2013)**  
*Supervisor: Kiara R. Timpano, Ph.D.*

Taught 32-student undergraduate course. Responsibilities included curriculum development, lecturing, assessment of learning, and grading. Covered a range of DSM-IV-TR and expected DSM-5 diagnoses, etiological factors, and evidenced-based treatments. Emphasized empirical study of abnormal psychology through the reading and discussion of scientific articles by members of the University of Miami research faculty. Mean score

on teacher evaluations was 4.6 out of 5 (across 280 unique ratings). Qualitative evaluations available upon request.

---

**LABORATORY INSTRUCTOR**, University of Miami, Coral Gables, FL

**PSY 650: Adult Psychopathology (Fall 2012, Fall 2013)**

Supervisors: *Jutta Joormann, Ph.D. & Kiara R. Timpano, Ph.D.*

Responsible for the conduct, assessment of learning, and grading for the laboratory component of the clinical psychology graduate program's Adult Psychopathology course, which focused on clinical interviewing and the administration of the Structured Clinical Interview for DSM-IV-TR (SCID).

---

**TEACHING ASSISTANT**, University of Miami, Coral Gables, FL

**Multiple Course Offerings (Fall 2012 – Spring 2014, Summer 2015)**

Supervisor: *Phil McCabe, Ph.D.*

Assisted in the preparation and conduct of courses, including test preparation and scoring, grading written materials, and providing support in daily administrative tasks. Guest lectured when professors were travelling.

Relevant assignments included:

PSY 657: Introduction to Psychotherapy

PSY 345: Child Psychopathology

PSY 312: Psychology of Gender

PSY 220: Psychobiology

PSY 207: Introduction to Cognition

---

**PSYCHOLOGY LABORATORY ASSISTANT**, Lafayette College, Easton, PA

**Psychology 110: Introduction to Psychology (Fall 2006, Fall 2007)**

Teaching Supervisors: *Wendy Hill, Ph.D., & Carolyn Buckley, Ph.D.*

Assisted in teaching, preparing lesson plans, and grading course materials for a laboratory section of approximately 20 undergraduates enrolled in an introductory psychology course. Nominated for the *Cohen Prize for Psychology and Teaching*.

---

## CLINICAL EXPERIENCE

---

2015 – 2016

### **Predocloral Clinical Psychology Internship VA Boston Healthcare System**

Supervisors: *Stephen R. Lancey, Ph.D. and W. Christopher Skidmore, Ph.D.*

*Population:* Veterans residing in the Greater Boston Area. Patients presented with a wide range of diagnoses, but most commonly mood and anxiety spectrum disorders, posttraumatic stress disorder, and personality disorders.

*Experience:* Major (8-month) rotation in General Mental Health Clinic and minor (4-month) rotation in the Posttraumatic Stress Disorders Clinic. Provided individual and group therapy with an emphasis on evidence-based practices, particularly cognitive behavioral therapy. Received specialized training in Acceptance and Commitment Therapy, Dialectical Behavior Therapy, and Cognitive Processing Therapy. Worked as a member of a multidisciplinary team, through rotation in Primary Care Mental Health Integration. Conducted psychodiagnostic evaluations through clinic intakes and comprehensive assessments.

---

2013 – 2014

### **Psychosocial Rehabilitation and Recovery Center (PRRC) Miami VA Healthcare System, Miami, FL**

Supervisor: *Janette Rodriguez, Psy.D.*

*Population:* Veterans living with serious mental illness. Diagnoses included psychotic and bipolar spectrum disorders, chronic major depressive disorder or suicidality, and treatment-refractory posttraumatic stress disorder.



*Experience:* Individual and group therapy. Interventions were primarily cognitive behavioral and dialectical behavioral, with emphasis placed on goal setting, problem solving, and outcome monitoring over the course of treatment. Gained experience conceptualizing complex cases and treating individuals with multiple psychiatric comorbidities, personality pathology, trauma histories, and co-existing medical conditions. Received training in the assessment of suicidality and homicidality, as well as experience submitting mandated reports.

---

2012 – 2013

**Intensive Outpatient Program (IOP)**  
**Oliver-Pyatt Centers, South Miami, FL**  
*Supervisor: Kelli Malkasian, Psy.D.*

*Population:* Adult women with a primary diagnosis of an eating disorder (i.e., anorexia nervosa, bulimia nervosa, binge eating disorder, eating disorder - not otherwise specified) seeking comprehensive treatment at a nationally recognized, private treatment facility.

*Experience:* Individual, group, and family therapy for the treatment of eating disorders and related psychopathology. Employed eclectic treatment orientation, which utilized cognitive behavioral, mindfulness-based, interpersonal, and psychodynamic approaches. Maintained contact with clients' treatment team, including outpatient therapists, nutritionists, psychiatrists, and general practitioners. Led weekly food exposures through supervised meals.

---

2011 – 2015

**Psychological Services Center (PSC)**  
**Department of Psychology, University of Miami**

*Population:* Child and adult clients drawing from the Greater Miami Area. Clients represented a broad array of nationalities, racial and ethnic groups, religions, and socioeconomic strata.

**Advanced Outpatient Services**

*Supervisors: Kiara R. Timpano Ph. D. & Brian Doss, Ph.D.*

*Experience:* Individual cognitive behavioral therapy for adults with mood and/or anxiety symptoms. Provided peer supervision to graduate students preparing for their Outpatient Services practicum.

**Child and Adolescent Mood and Anxiety Treatment Program**

*Supervisor: Jill Ehrenreich-May, Ph.D.*

*Experience:* Co-facilitated group for children (ages 7-12) with a primary DSM-IV-TR anxiety diagnosis and their parents. Administered the *Cool Kids Child Anxiety Program*, a transdiagnostic, cognitive behavioral intervention.

**Outpatient Services**

*Supervisors: Amy Weisman de Mamani, Ph.D. & Kiara R. Timpano, Ph.D.*

*Experience:* Provided individual and family therapy for adults with emotional disorders. Treatment orientation was primarily cognitive behavioral, but also included interpersonal and mindfulness-based approaches. Emphasized goal setting and outcome monitoring as core components of treatment.

**Assessment Services**

*Supervisor: Saneya H. Tawfik Ph. D.*

*Experience:* Provided comprehensive evaluation of intellectual, achievement, cognitive, behavioral, and personality functioning for adult clients seeking psychodiagnostic evaluation. Generated integrated reports and provided feedback and treatment recommendations to clients and their families.

## AD HOC REVIEWER

---

*Clinical Psychology & Psychotherapy*  
*Cognition and Emotion*  
*Cognitive Behaviour Therapy*  
*Journal of Anxiety Disorders*  
*Journal of Behavior Therapy and Experimental Psychiatry*  
*Journal of Cognitive Psychotherapy*  
*Journal of Psychopathology and Behavioral Assessment*  
*International Journal of Cognitive Therapy*  
*Psychological Trauma: Theory, Research, Practice, and Policy*

## PROFESSIONAL AFFILIATIONS

---

American Psychological Association (2011-Present)  
Association for Behavioral and Cognitive Therapies (2009-Present)  
Association for Psychological Science (2009, 2011)  
International Society for Traumatic Stress Studies (2016-Present)  
Society for Affective Science (2014)  
Society for Research in Psychopathology (2010-2014)

## SERVICE ACTIVITIES

---

2015-2016	<b>Student Representative, Internship Site Committee (Jamaica Plain)</b> <i>Department of Mental Health Services, VA Boston Healthcare System</i>
2013-2015	<b>Co-President, Psychology Graduate Student Organization</b> <i>Department of Psychology, University of Miami</i>
2012-2014	<b>Student Representative, APA Self Study, Research Workgroup</b> <i>Department of Psychology, University of Miami</i>
2013-2014	<b>Student Representative, Adult Track Faculty Search Committee</b> <i>Department of Psychology, University of Miami</i>
2012-2013	<b>Campus Representative, Advocacy Coordinating Team (ACT)</b> <i>American Psychological Association of Graduate Students</i>
2011-2013	<b>Executive Board Member, Psychology Graduate Student Organization</b> <i>Department of Psychology, University of Miami</i>
2010	<b>Student Contributor, Publication Committee</b> <i>Society for Research in Psychopathology</i>