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EDUCATION

- 2014 – present **Yale University**
Ph.D. Candidate, Clinical Psychology
- 2007 – 2011 **The University of Texas at Austin**
B.S., Psychology (with Departmental Honors)
Minor: Human Biology
(Overall GPA 3.8, Psychology GPA 3.9)

SELECTED AWARDS & HONORS

- 2014 Recipient of NIMH grant to attend University of Michigan fMRI workshop
- 2014 National Science Foundation (NSF) Graduate Fellowship, Honorable Mention
- 2013 Walter Dill Scott Scholar (Northwestern University)
- 2013 Academic Commendation (awarded both semesters, University of Miami)
- 2011 Undergraduate Research Fellowship Recipient (\$1000)
- 2011 Endowed Presidential Scholarship Recipient (\$2500)
- 2011 Phi Beta Kappa Honor Society

PUBLICATIONS

- Vanderlind, W. M.**, & Joormann, J. (under review). What does it take to see things in a different light? The relation between cognitive control and online reappraisal.
- Joormann, J., & **Vanderlind, W. M.** (2014). Emotion regulation in depression: The role of biased cognition and reduced cognitive control. *Clinical Psychological Science*, 2(4), 402-421. doi:10.1177/2167702614536163
- Wells, T. T., **Vanderlind, W. M.**, Selby, E. A. & Beevers, C. G. (2014). Childhood abuse and vulnerability to depression: Cognitive scars in otherwise healthy young adults. *Cognition and Emotion*, 28(5), 821-833. doi:10.1080/02699931.2013.864258
- Johnson, S. L., LeMoult, J., **Vanderlind, W. M.**, & Joormann, J. (2014). Mood disorders: Biological Bases. In P. H. Blaney, R. F. Krueger, & T. Millon (Eds.), *Oxford textbook of psychopathology* (3rd ed.). New York, NY: Oxford University Press.

Vanderlind, W. M., Beevers, C. G., Sherman, S. M., Trujillo, L. T., Maddox, W. T., McGeary, J. E., Matthews, M. D., & Schnyer, D. M. (2014). Sleep and sadness: Exploring the relation among the *CLOCK* gene, sleep, cognitive control, and depressive symptoms. *Sleep Medicine*, 15(1), 144-149. doi:10.1016/j.sleep.2013.10.006

Ellis, A. J., Wells, T. T., **Vanderlind, W. M.**, & Beevers, C. G. (2014). The role of controlled attention on recall in major depression. *Cognition and Emotion*, 28(3), 520-529. doi:10.1080/02699931.2013.832153

Ellis, A. J., **Vanderlind, W. M.**, & Beevers, C. G. (2013). The use of acceptance and reappraisal strategies for the regulation of anger and distress tolerance in depression. *Cognitive Therapy and Research*, 37(3), 498-509. doi:10.1007/s10608-012-9494-z

CONFERENCE PAPER PRESENTATIONS

Vanderlind, W. M., Clasen, P. C., & Beevers, C. G. (2012, November). Attention training towards positive stimuli improves stress reactivity and recovery among stably dysphoric adults. In K. A. Arditte & J. Joormann (Chairs) *Attentional Bias Modification: Novel Methodology and Objective Measures of Behavior Change*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Clasen, P. C., **Vanderlind, W. M.**, & Beevers, C. G. (2012, November). Biased attention and the persistence of sad mood in major depressive disorder. In Clasen, P. C., & Beevers, C. G. (Co-Chairs), *Modeling emotional dynamics in depression*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

CONFERENCE POSTER PRESENTATIONS

Vanderlind, W. M., Weinbrecht, A., & Joormann, J. (September, 2014). *Remembering the good ole' days: Individual differences in positive autobiographical memories*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Evanston, IL.

Velkoff, E. A., **Vanderlind, W. M.**, & Joormann, J. (May, 2014). *Understanding positive affect regulation: The relation between affect apprehension and cognitive control*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

Vanderlind, W. M., & Joormann, J. (2014, April). *Timing matters: An exploration of cognitive factors associated with online reappraisal effectiveness*. Poster presented at the inaugural meeting of the Society for Affective Science, Bethesda, MD.

Vanderlind, W. M., & Joormann, J. (2013, November). *What does it take to see things in a different light? Identifying cognitive factors that underlie cognitive reappraisal*. Poster

presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.

Vanderlind, W. M., & Joormann, J. (2013, September). *Understanding emotion regulation: Examining the relation between cognitive control and reappraisal*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Oakland, CA.

Vanderlind, W. M., Sherman, S. M., Trujillo, L. T., Schnyer, D. M., Maddox, W. T., & Beevers, C. G. (2012, October). *Sleep and Sadness: Exploring the relation among sleep quality, cognitive control, and depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Ann Arbor, MI.

Sherman, S. M., **Vanderlind, W. M.**, Trujillo, L. T., Matthews, M. D., McGeary, J. E., Beevers, C. G., Maddox, W. T., & Schnyer, D. M. (2012, October). *The relationship among sleep-wake cycles, CLOCK genotype, and associative memory performance in college students*. Poster presented at the annual meeting of the Society for Neuroscience, New Orleans, LA.

Ellis, A. J., **Vanderlind, W. M.**, & Beevers, C. G. (2011, November). The regulation of negative emotions in depression: Exploring the use of reappraisal and acceptance during a stressful task. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Vanderlind, W. M., Ellis, A. J., & Beevers C. G. (2011, May). Support for a quick fix for distress intolerance in dysphoria. Poster accepted for the annual Stanford Undergraduate Psychology Conference, Stanford, CA.

RESEARCH INTERESTS

My research is focused on the role that positive emotion regulation (ER) plays in the etiology and maintenance of psychopathology, particularly major depression. My work aims to 1) document the nature of positive ER disruptions among individuals diagnosed with depression and those at risk for the disorder and 2) identify cognitive and biological processes that underlie variation in positive ER within healthy, clinical, and at-risk samples. My research utilizes multiple methods such as eye tracking, event-related potentials (ERPs), and behavioral tasks to address these aims. The overarching goals of this research are to better understand the causes of major depression and to identify modifiable targets for interventions aimed at treating this disorder.

EDITORIAL EXPERIENCE

Ad Hoc Reviewer (with graduate advisor): Clinical Psychological Science; Cognition and Emotion

REFERENCES

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