

MEGHAN E. QUINN

CURRICULUM VITAE

NOVEMBER 2015

PERSONAL INFORMATION

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Office Address Department of Psychology
Northwestern University
2029 Sheridan Rd.
Evanston, IL 60208

EDUCATION

Ph.D. Candidate **Northwestern University**, Evanston, IL
2013 – Present
APA & PCSAS Accredited Clinical Psychology Ph.D. Program
Dissertation (in progress): *Executive Control Under Stress: Physiological Correlates and Implications for Emotion Regulation and Psychopathology*
Chairs: Jutta Joormann, Ph.D. & Richard Zinbarg, Ph.D.

Master of Science **University of Miami**, Coral Gables, FL
2011 – 2013
APA Accredited Clinical Psychology Ph.D. Program
Thesis: *Exploring Executive Control as an Underlying Mechanism of Emotion Regulation and Stress Response*
Chair: Jutta Joormann, Ph.D.

Post-Baccalaureate **University of Maryland**, College Park, MD
2009 – 2011
College of Computer, Mathematical, and Natural Sciences
Specialization: Physiology and Neurobiology

Bachelor of Science **University of Wisconsin**, Madison, WI
2002 – 2006
College of Letters and Science
Major: Psychology

GRANTS AND AWARDS

2015 **Conference Travel Grant**, Northwestern University
2014 **Honorable Mention for Smadar Levin Award/Travel Award**, Society for Research in Psychopathology
2014 **Conference Travel Grant**, Northwestern University
2014 **Institute for Policy Research Graduate Fellowship**, Northwestern University
2013 **Walter Dill Scott Scholarship**, Northwestern University
2012 **Graduate Activity Fee Allocation Committee Award**, University of Miami
2012 **Student Travel Award**, Department of Psychology, University of Miami

- 2012 **Max and Peggy Kriloff Student Travel Scholarship**, College of Arts and Sciences, University of Miami
- 2010 **Howard Hughes Medical Institute Undergraduate Research Fellowship**, University of Maryland
- 2010 **Maryland Summer Scholars Research Grant**, University of Maryland

PUBLICATIONS

- Quinn, M.E.** & Joormann, J. (2015). Control when it counts: Change in executive control under stress predicts depression symptoms. *Emotion, 15*(4), 522-530. doi: 10.1037/emo0000089
- Quinn, M. E.**, & Joormann, J. (2015). Stress-induced changes in executive control are associated with depression symptoms: Examining the role of rumination. *Clinical Psychological Science, 3*(4), 628-636. doi: 10.1177/2167702614563930
- Quinn, M.E.**, Keil, D.C., Utke, S., & Joormann, J. (2014). Trait rumination moderates the effect of executive control training. *Journal of Experimental Psychopathology, 5*, 289-301. doi: <http://dx.doi.org/10.5127/jep.038713>
- Joormann, J. & **Quinn, M.E.** (2014). Cognitive processes and emotion regulation in depression. *Depression and Anxiety, 31*, 308–315. doi: 10.1002/da.22264

TALKS AND SYMPOSIA

- Quinn, M.E.**, & Joormann, J. (2015, November). Executive control under stress and rumination: Implications for depression. In K.E. Gilbert and **M.E. Quinn** (Chairs) *From the lab to the real world: How stress impacts emotion regulation and subsequent mental and physical health outcomes*. Symposium conducted at the 49th annual convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Quinn, M.E.** (2015, November). *Stress-induced impairments in executive control: A transdiagnostic perspective*. Talk presented at the Life-Span Development Lab at the School of Education and Social Policy at Northwestern University, Evanston, IL.
- Joormann, J. & **Quinn, M.E.**, (2015, October). Cognitive control under stress: Relation to depression. In A. Baskin-Sommers (Chair) *A transdiagnostic perspective on self-regulation in affective contexts*. Symposium conducted at the annual meeting of the Society for Research in Psychopathology, New Orleans, LA.
- Timpano, K.R., **Quinn, M.E.**, & Joormann, J. (2014, March). *Stress Induced Change in Self-Control: Implications for Hoarding Symptoms* (Chair K. R. Timpano). Symposium conducted at the annual meeting of the Anxiety and Depression Association, Chicago, IL.

Quinn, M.E. (2014, January). *Predicting depression symptoms: Executive control under stress*. Talk presented at the Northwestern University Clinical/Personality/Health Psychology Brown Bag Series, Evanston, IL.

Quinn, M.E., & Joormann, J. (2013, May). Stress-Induced Changes in Implicit Emotion Regulation are Associated with Depression. In E.S. Winer and J. Veilleux (Chairs) *Feeling Bad but Not Knowing Why: Implicit Emotion Regulation and Emotional Distress*. Symposium conducted at the annual meeting of the Association for Psychological Science, Washington, DC.

CONFERENCE POSTERS

Arditte, K. A., **Quinn, M. E.,** Vanderlind, W. M., Timpano, K. R. & Joormann, J. (2015, November). *Thought control deficits among individuals with major depression, social anxiety, or both disorders*. Poster presented at the 49th annual convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

Quinn, M.E., & Joormann, J. (2015, October). *Consequences of diminished executive control under stress: Examining rumination and reappraisal*. Poster presented at the annual meeting of the Society for Research in Psychopathology, New Orleans, LA.

Quinn, M.E. & Joormann, J. (2015, April). Stress-induced changes in executive control are associated with depression symptoms: Examining the role of rumination. Poster to be presented at the annual meeting of the Society for Affective Science, Oakland, CA.

Quinn, M.E. & Joormann, J. (2014, September). *Control when it counts: Change in executive control under stress predicts depression symptoms*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Evanston, IL.

Quinn, M.E. & Joormann, J. (2014, May). *Predicting depression symptoms: Executive control under stress*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

Quinn, M.E., Keil, D.C., Utke, S., & Joormann, J. (2014, April). *Trait rumination moderates the effect of executive control training*. Poster presented at the annual meeting of the Society for Affective Science, Bethesda, MD.

Tolep, M.R., **Quinn, M.E.,** Smith, V.R., & Dougherty, L.R. (2013, November). *Depressogenic cognitions in preschoolers: Correlates and risk for psychopathology*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Quinn, M.E., Kwon, H., & Joormann, J. (2012, November). *Emotion regulation and depression vulnerability: Difficulty with instructed use of reappraisal*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Quinn, M.E., Kwon, H., & Joormann, J. (2012, October). *Depression is associated with impaired memory for events occurring during use of reappraisal*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Ann Arbor, MI.

Quinn, M.E., Kwon, H., & Joormann, J. (2012, May). *Emotion regulation in depression: Reappraisal is associated with impaired memory*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

Quinn, M.E., Tolep, M.R., Smith, V.C.H., Condit, C.S., Hayden, E.P., & Dougherty, L.R. (2011, May). *Negative cognitive styles and cortisol reactivity in preschoolers: Investigating mechanisms of risk for depression*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.

RESEARCH EXPERIENCE

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| 2014 – Present | Affect Regulation and Cognition Lab , Department of Psychology, Yale University, New Haven, CT
<i>Principal Investigator: Jutta Joormann, Ph.D.</i> |
| 2014 – Present | Contexts of Adolescent Stress and Thriving , Institute for Policy Research, Northwestern University, Evanston, IL
<i>Principal Investigator: Emma Adam, Ph.D.</i> |
| 2013 – 2014 | Psychopathology, Emotion, and Behavior Lab , Department of Psychology, Northwestern University, Evanston, IL
<i>Principal Investigator: Jutta Joormann, Ph.D.</i> |
| 2011 – 2013 | Mood and Anxiety Disorders Lab , Department of Psychology, University of Miami, Coral Gables, FL
<i>Principal Investigator: Jutta Joormann, Ph.D.</i> |
| 2010 – 2011 | Stress, Health, and Addiction Research Program , Department of Public and Community Health, University of Maryland, College Park, MD
<i>Principal Investigator: Stacey Daughters, Ph.D.</i> |
| 2009 – 2011 | Child Stress and Emotions Lab , Department of Psychology, University of Maryland, College Park, MD
<i>Principal Investigator: Lea Dougherty, Ph.D.</i> |

CLINICAL EXPERIENCE

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| 2015 – Present | Mindfulness Based Cognitive Therapy
The Family Institute, Northwestern University, Evanston, IL
<i>Supervisor: Paula Young, Ph.D.</i> |
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- 2014 – Present **Clinical Interviewing**, Brain, Motivation, and Personality Development
Research Project, Northwestern University, Evanston, IL
Supervisor: Richard Zinbarg, Ph.D.
- 2013 – Present **Depression Treatment Clinic**, The Family Institute, Northwestern University,
Evanston, IL
Supervisor: Paula Young, Ph.D.
- 2014 – 2015 **Dialectical Behavior Therapy**, The Family Institute, Northwestern University,
Evanston, IL
Supervisor: Michael Maslar, Psy.D.
- 2012 – 2013 **Outpatient Therapy**, Psychological Services Center, University of Miami, Coral
Gables, FL
*Supervisors: Judith McCalla, Ph.D., Amy Weisman de Mamani, Ph.D., Kiara
Timpano, Ph.D.*
- 2012 – 2013 **Psychoeducational Assessment**, Psychological Services Center, University of
Miami, Coral Gables, FL
Supervisor: Kristin Lindahl, Ph.D.
- 2011 – 2013 **Diagnostic Assessment**, Mood and Anxiety Disorders Lab, University of Miami,
Coral Gables, FL
Supervisor: Jutta Joormann, Ph.D.

TEACHING EXPERIENCE

- 2015 **Teaching Assistant**, Health Psychology, Northwestern University
2014 **Teaching Assistant**, Psychopathology, Northwestern University
2013 **Teaching Assistant**, Statistical Methods in Psychology, Northwestern University
2011 – 2013 **Teaching Assistant**, Introductory Psychology, University of Miami
2011 – 2013 **Teaching Assistant**, Human Sexual Behavior, University of Miami

TRAINING WORKSHOPS

- 2014 **Fellowship Proposal Writing Workshop**, The Graduate School, Northwestern
University, Evanston IL
2014 **Emotional Skills Workshop**, School of Education and Social Policy,
Northwestern University, Evanston, IL
2012 **Genetic Analysis of Complex Human Diseases**, John P. Hussman Institute for
Human Genomics, Miller School of Medicine, University of Miami, Miami, FL

SERVICE

2015 – Present **Undergraduate Thesis Advisor**, Department of Psychology, Yale University
2014 – Present **Clinical Area Representative**, Psychology Graduate Student Council,
Northwestern University
2014 – Present **Student Mentor**, Mentorship Program for First-Year Ph.D. Students,
Psychology Department, Northwestern University
2014 **Panel Speaker**, Professional Development Series for Summer Research Interns,
The Family Institute, Northwestern University
2013 **Undergraduate Thesis Advisor**, Department of Psychology, University of Miami

PROFESSIONAL AFFILIATIONS

2014 – Present **Society for Affective Science**: Student Member
2014 – Present **Society for Research in Psychopathology**: Associate Member
2013 – Present **Society for a Science of Clinical Psychology**: Student Member
2011 – Present **Association for Psychological Science**: Student Member